



Physical Education



Foundation students have been investigating how exercise affects their body. They have been participating in a range of activities that make their heart rate increase, and recording and discussing the other signs and signals their body gives them when they have been exercising hard eg red cheeks, increased breathing rate etc. For the remainder of the term the students are working on developing their balance, rotating and spring and landing skills through a range of gymnastic stations and dance activities.



The Junior Year students have completed a Gymnastics

Program, which focused on developing their statics, movements, hangs and balances. Students participated in a variety of circuit activities where they created patterns of movement. This week the



students will begin a new program, which focuses on Fitness. Students will explore and discuss what it means to be fit, how our bodies react to exercise and the importance of daily exercise.

Middle Year students began the term with the conclusion of the Baseball Program. They reflected on the skills they have learnt; basic rules and enjoyed participating in a game with their classmates. The students then began an in depth Gymnastics

Program where they have all practised and developed their balance, rotations, strength, springs, landings and locomotion movements in a fun and creative way.



Senior Year students have focused on Net Wall Games this term. Year 6 students have learnt the basic rules, offensive and defensive shots, court spacing and game play of Badminton. The Year 5 students have participated in a variety of Net Wall Games that aim to build their understanding of the strategies which can be used across a variety a games which come under this game type. Senior Year students are currently taking part in coaching sessions from Volleyball Victoria.



Students are enjoying learning the skills and game play of volleyball and finding connections learnt in the Net Wall Games and incorporating some of these strategies

HOUSE ATHLETICS IS ON MONDAY 30th OCTOBER: KNOX ATHLETICS TRACK Foundation to Year 6

For all children to have an enjoyable day we will require approximately 20 parents to assist with the day. Please consider being an official/helper (no athletics experience necessary). You will have time to watch your child/ren compete, as well as supporting students and meeting new parents.

Performing Arts



Students in the **Foundation year** have been learning the different musical concepts such as beat, rhythm, dynamics and pitch. We have been exposed to a range of percussion instruments in learning how to differentiate beat and rhythm. In class, we always do a warm up in solfège singing for pitch development and also inner hearing. We do lots of dancing and body movements while singing to help relate the musical concept visually and kinetically.

In term 3, the **Year 1 and 2** students have been doing a drama unit on Hansel and Gretel. We've been exploring exaggerated body actions, facial expressions and various voices to act out different objects and people, such as trees in the forest, fire, candy house, Hansel and Gretel. Students have stepped out of their comfort zone to rehearsed and perform a short scene from the story in front of the entire class and did a fantastic job! Well done! Now, we are starting to prepare for our concert in October with lots of singing, dancing and playing instruments!



The **Year 3 to 6** students have been preparing for their musical item in the Big Night Out concert and have been working extremely hard in memorising the lyrics and actions.



The **Year 3s** are dancing through the safari with a touch of marimba sound and drums.

The **Year 4s** are not only using their recorder skills, but have also starting learning a new language! They are now experts in Sign Language, feel free to ask them to show you!

The **Year 5s** have been rehearsing and developing their musical theatre skills with lots of dancing, singing and acting for their performance. Students gathered their creative ideas and written up their own skit for the concert.



For the **Year 6s**, they were divided into groups and independently created their own actions to showcase the different personalities. Also, they have been boosting up their coordination skills, by incorporating body percussion whilst singing.

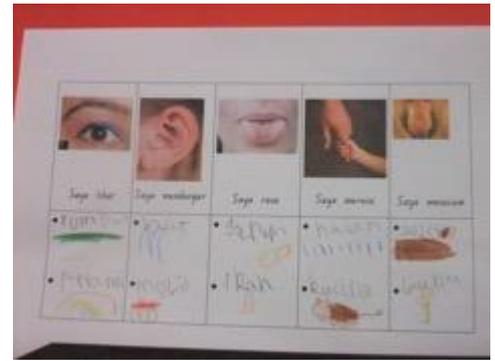


INDONESIAN

The Foundation students have transferred their knowledge of the senses developed from their level's unit of inquiry to Indonesian. They have completed a similar activity in Indonesian about what they see, hear, taste, feel and smell.



The Junior School students have completed a reading unit about 'How I get to school'. They have been practising in groups and resourcing each other with pronunciation of the less familiar words.

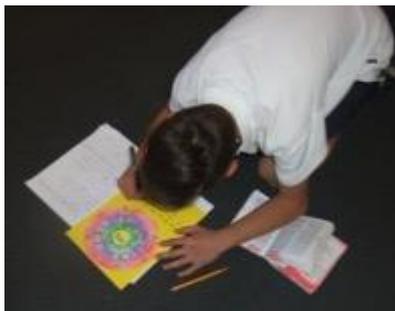


Within the context of the Middle Years UOI 'How We Express Ourselves', students have participated in changing a Kancil story into a script for a puppet play. Each group practised intently, supporting each other to be the best they could be for their performance. We are currently performing these plays.



The Senior School have completed the Beliefs summative task which involved interviewing an adult about their beliefs. The questions and responses were then written in Indonesian. The students presented their findings in the form of a reflection, a mandala or a cartoon strip sequence to demonstrate their information collected and their writing skills.

Completing the reflection sheet on the Beliefs unit



Putting the finishing touches on the Mandala



Creating a comic strip about the Beliefs information

Visual Arts

Every year level students had the opportunity to make a clay model each. The Senior Year students designed clay masks with set criteria to such as stating the purpose as well as using appropriate facial features and colours to portray the expression of their masks.

Students had opportunities to use a range of Visual Arts experiences to create their art e.g. printing, modelling, painting, drawing, collage work, manipulating wires as well as working with fabric and tree bark. Below are some of the many activities that have been going on in the very busy Art Room!

~ Sharon Lai. Visual Arts Teacher ~



Foundation Level: Mark making with kitchen utensils.



Junior Level: Working with foil, netting and templates.



Middle Years: Working with armature wires.



Junior Level: Glazing clay cupcakes.



Senior Years: Clay modeling



Middle Years: Painting on tree barks.



Junior Level: Creating artwork based on Kandinsky's circles.