Dear Parents,

Our second unit of inquiry for the year is ‘Who We Are’, with our central idea, ‘Adolescence is a time of change, challenge and for making choices’. The lines of inquiry for this unit are:
* How hormones set off a chain reaction of changes in our body
* Our behaviour and choices impact our lives and relationships
* We have control of our future

Through this inquiry into ‘Healthy Minds, Healthy Bodies’, senior students will be taking part in a unit on Adolescent Health.

This will include;
- the names of the reproductive systems and their functions
- the qualities of good friends
- gender stereotyping
- what makes us us!
- what makes us the same and what makes us different
- the parts of both girls’ and boys’ bodies
- ways of being a good friend
- ways we care for one another
- our feelings
- the things we need to grow and be healthy

This is an important component of the Year 5 and 6 curriculum and is supported by the ‘Catching on Early’ initiative by the Victorian Department of Education and Training. More information can be found on their website at [http://www.eduweb.vic.gov.au/edulibrary/public/teachlearn/student/catchingoneyrsv.pdf](http://www.eduweb.vic.gov.au/edulibrary/public/teachlearn/student/catchingoneyrsv.pdf)

We encourage you to continue discussions with your child at home.
If you have any concerns, please contact your classroom teacher.

Thank you for your support,

The Senior Team
(Kirsty Bone, Christine Vavasseur, Lisa Hill, Ellen Bryson, Deniz D’Atri and Natalie Wheaton)