



SUN SMART POLICY



PURPOSE

The purpose of this policy is to encourage behaviours at Heany Park Primary School to minimise the risk of skin and eye damage and skin cancer.

This policy provides guidelines to:

- support staff and students to use a combination of sun protection measures when UV index levels are 3 or above (generally mid-August – end of April)
- ensure that there are outdoor environments that provide adequate shade for students and staff
- ensure students are encouraged and supported to develop independent sun protection skills to help them to be responsible for their own protection
- support our school's strategies to meet its duty of care and occupational health and safety obligations to minimise harmful UV exposure and associated harm for students and staff.

SCOPE

This policy applies to all school activities, including camps and excursions. It is applicable to all students and staff.

POLICY

Excessive exposure to the sun's ultraviolet (UV) radiation can cause health problems including sunburn, damage to skin and eyes, and an increased risk of skin cancer.

UV radiation:

- cannot be seen or felt
- can be reflected off surfaces such as buildings, asphalt, concrete, water, sand and snow
- can pass through light clouds
- varies in intensity across the year (highest in Victoria from mid-August – end of April)
- peaks during school hours

Sun safety is a shared responsibility and staff, parents and students are encouraged to implement a combination of sun protection measures whenever UV levels reach 3 and above (typically from mid-August to the end of April in Victoria). Information about the daily local sun protection times is available via the free SunSmart app, or at sunsmart.com.au or bom.gov.au.

GUIDELINES FOR IMPLEMENTATION

Heany Park Primary School has the following measures in place to help reduce the risk of excessive UV sun exposure for staff and students.

Shade

- The school will provide sufficient options for shelter and trees to provide shade on school grounds, particularly in places such as:
 - where students congregate for lunch
 - the canteen
 - outdoor lesson areas
 - popular play areas
 - assembly areas
- When building works or grounds maintenance is conducted at Heany Park that may impact on the level of shading available to staff and students, a review of the shaded areas available will be conducted and further shading installed as appropriate.

Sun protective uniform/clothing

- Heany Park Primary School's school uniform and dress code includes sun-protective clothing, including:
 - loose, cool, closely-woven fabric
 - shirts with a collar and/or high necklines
 - tops with elbow length or long sleeves
 - longer style shorts and skirts
 - rash vests or t-shirts for outdoor swimming activities.
- From mid-August to 30 April, all students must wear a sun protective hat that shades the face, neck and ears for all outdoor activities. Hats may also be worn for all outdoor activities outside of the August to April time period, by parent or student choice.
- Staff are encouraged to wear hat styles that protect the face, neck and ears when outdoors, that is a broad-brimmed, legionnaire or bucket.
- Students are required to wear a school hat that protects the face, neck and ears when outdoors, for example broad-brimmed, legionnaire or bucket. Students who are not wearing appropriate protective clothing or a hat may be asked to play in the shade or in a suitable area protected from the sun.

Sunscreen

- Heany Park Primary School encourages all staff and students to apply SPF30 (or higher) broad-spectrum, water-resistant sunscreen daily whenever UV levels reach 3 and above. Sunscreen should be applied at least 20 minutes before going outdoors, and reapplied according to manufacturer's instructions.
- Heany Park has strategies in place to remind students to apply sunscreen before going outdoors i.e. reminder notices

Curriculum

- Students at our school are encouraged to make healthy choices, and are supported to understand the benefits and risks of sun exposure. Heany Park will address sun and UV safety education as part of the Primary Years Program (PYP)
- Staff are encouraged to access resources, tools, and professional learning to enhance their knowledge and capacity to promote sun smart behaviour across the school community.

Engaging students, staff and families

- SunSmart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school website, staff meetings, school assemblies, student and teacher activities and at student enrolment/new staff orientation.

FURTHER INFORMATION AND RESOURCES

- School Policy Advisory Guide:
 - [Sun and UV Protection Policy](#)
 - [Duty of Care](#)
- [SunSmart](#)
- [Achievement Program's](#) Sun Smart policy

EVALUATION

Evaluation of this policy will be carried out by the Principal Team, as part of the Education and Policy Committee's cyclic review process. It will be reviewed in four years' time, or beforehand if a significant issue arises.

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Endorsement Date: 9th May 2019

Review Date: April 2023

Signed:



Janet Evison
(Principal)



Jacquie Nicholson
(School Council President)