

From the Acting Principal's Desk

The term is racing away quickly!

Reminders:

Friday 6th March is a Curriculum Day

Monday 9th March is the Labour Day Public Holiday

CHINESE NEW YEAR CELEBRATION

As part of our Chinese program, we celebrated Chinese New Year with a special event. Also known as the Spring Festival, it is the most important traditional holiday in Chinese culture, marking the start of the new year and a time for family, honouring ancestors, and welcoming good fortune.

Traditional celebrations include fireworks and firecrackers to scare away the mythical beast Nian, as well as lion and dragon dances to bring good luck and drive away negative energy.

Our students prepared performances including lion and dragon dances and singing. To begin the celebration, we lit a firecracker to symbolise warding off bad luck, some might've covered their ears too as it was loud.



We also recognised the tradition of giving red envelopes, or "hong bao," which symbolises good luck, prosperity, and protection. Traditionally, married adults give them to children and young people, while adult children offer them to parents and grandparents as a sign of respect. In our Chinese classes, students have written good wishes in Chinese and placed them inside hong bao. Students and staff will choose a hong bao each next week to to translate and enjoy. Wishing everyone xin nian kwai le!

PEER MEDIATION TRAINING

We are excited to be implementing the Peer Mediation Program at our school commencing next week. This program empowers selected students with the skills and confidence to help their peers resolve minor conflicts in a respectful and supportive way. Through structured training, students learn communication strategies, active listening, problem-solving and how to remain neutral. Peer mediation helps build leadership, empathy and a positive school culture, while giving students practical tools to manage everyday challenges constructively.

This year we have trained forty-eight students in Year 5. They are volunteering their time to assist students in the yard with issues that may arise.

Certificates for Peer Mediator will be present in assembly on Friday 13 March.

PREP FAMILY PICNIC

What a beautiful night for the Prep Family Picnic! It was wonderful to see so many families gathered on the hill enjoying dinner together—sushi seemed to be the clear favourite on the menu! Meanwhile, the students (and quite a few



siblings) made the most of the space, running, playing and showing off some impressive dance moves to the music.

The evening wrapped up in the best possible way—with a well-deserved icy pole, which was definitely a crowd favourite.

Our Preps have had a fantastic start to the year and are already settling beautifully into the routines of school life. A big thank you to the teachers for opening their classrooms and helping make the evening such a warm and welcoming event.



BAKERS DELIGHT

Today is a very exciting day for our Prep students! Each of them will be receiving a \$25 voucher and a special lunchbox gift card from Wellington Village Bakers Delight to use throughout the month of March. They will also take home their very own lunchbox—with a little surprise treat tucked inside (because who doesn't love a bonus treat!).

Even more exciting, each month a different year level will have their turn to enjoy a \$25 voucher to spend during that month. How wonderful!

A huge and heartfelt thank you to our incredibly generous supporters at Wellington Village Bakers Delight for this thoughtful offer and for bringing such big smiles to our students' faces.



CLEAN UP AUSTRALIA DAY

Clean Up Australia Day is a wonderful opportunity for students to take action and show care for our environment. On this day, people across the country come together to pick up litter, protect wildlife, and help keep our communities clean and safe.





It reminds us that even small actions—like putting rubbish in the bin or recycling—can make a big difference. By working together, we can help create a cleaner, greener Australia for everyone.

We held out Clean Up Australia Day on Friday 27th March. It was wonderful to see the students working together to ensure our school grounds are clean.



WHOLE SCHOOL HOUSE CROSS COUNTRY



Kate Draper, our PE teacher is organising our whole school Cross Country Event for 1 April. It will start at 9:15am and will run for about 2 hours. She is still seeking parent helpers so please email her via Compass if you are available to assist.

LIFE SAVING VICTORIA: SENIOR SCHOOL

Last Friday, our Seniors participated in a 2-hour water safety session with Life Saving Victoria at Seaford Beach. Students learnt how to identify and survive a rip, practised their CPR skills, and developed a greater understanding of how to stay safe in open water environments.

It was a valuable and engaging experience that helped build



confidence, awareness and essential life-saving skills.

Students will be able to build upon these skills in their upcoming camp to Waratah Bay. We thank our wonderful parent helpers for assisting us on this day.



BEFORE SCHOOL CLUBS

Reminder that we have **Lap it up Club** on a Tuesday and Thursday morning from 8.35 am. This is a great way for students to prepare for the upcoming House Cross Country.

Move and Groove is on Wednesday morning at 8.35am. We have learnt the Nutbush and Macarena. I wonder what Miss Yankos and Miss Oluc have in store for us in the coming weeks.

RESPECTFUL RELATIONSHIPS



The Respectful Relationships program is taught at Heany Park PS. This is a very important initiative mandated in schools in Victoria. It is part of the response to the investigations into family violence.

On average, one woman a week is murdered by her current or former partner. "Family violence is complex and multifaceted, but research shows that gender inequality is a key driver" (VicHealth, 2007)

More than one in three Australian women aged over 18 has experienced violence since the age of 15 (Australian Bureau of Statistics, 2012).

A 2013 VicHealth study found that of Australian young people aged 16-24:

- Almost a quarter believe that partner violence can be excused if the person is so angry they lose control
- Only half knew where to get help if they were faced with a problem about violence against women (VicHealth, 2013)

The evidence supporting Respectful Relationships is overwhelming and comes from respected institutions such as the World Health Organisation and The Royal Commission into Family Violence. Helping children develop an understanding of healthy relationships and respect is key to preventing family violence in the future.

WELLBEING

Please make sure you are paying attention to your own wellbeing and getting support if need be.

We hope your child has an amazing year at Heany Park PS. Please always let us know if you have any questions or concerns. We are only a phone call or email away.



Phone 9764 5533



Email:

kym.ryan@education.vic.gov.au

Kind regards

Kym Ryan
Acting Principal

Mental Health Services and Support

Lifeline 24/7 crisis support and suicide prevention services 13 11 14 lifeline.org.au	Beyond Blue 24/7 mental health support service 1300 22 4636 beyondblue.org.au	QLife LGBTI peer support and referral 1800 184 527 qlife.org.au (open 10pm daily) (online chat 2pm - 10pm daily)	Mensline 24/7 counselling service for men 1300 78 99 78 mensline.org.au
headspace Online support and counselling to young people aged 12 to 25 1800 650 890 (open 1am daily) headspace.org.au/headspace (online chat 24/7)	1800RESPECT 24/7 support for people impacted by sexual assault, domestic violence and abuse 1800 737 732 1800respect.org.au	Suicide Call Back 24/7 crisis support and counselling service for people affected by suicide 1300 659 467 suicidecallbackservice.org.au	Kids Helpline 24/7 crisis support and suicide prevention services for children and young people aged 5 to 25 1800 55 1800 kidshelpline.com.au

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.

With many partners: Safe Children Australia, headspace, Australian Government Department of Health

Funded by:

TERM 1 DATES	
6 March	Curriculum Day: Student Free
9 March	Labour Day Holiday
11 – 20 March	NAPLAN Year 3 and 5 only
13 March	Assembly 2.45pm
18 March	Family Night: Junior School 4.30pm – 5.30pm
20 March	Harmony Day Celebrations: Whole School Dance Incursion
23 to 25 March	Senior School Camp: Waratah Bay
27 March	Assembly 2.45pm
1 April	Whole School House Cross Country 9.00am – 11.00am
2 April	Last Day of Term 1: 2.30pm Finish
TERM 2 DATES	
20 April	Term 2 Commences
24 April to 19 May	Prep to Year 6 Swimming Program (Optional) Students swim each Friday for 8 weeks
29 April	Prep Information Night for 2027 Students
7 May	Mother's Day Celebration: Prep
15 May	District Athletics
29 May	District Winter Sport Day 1: Senior School
4 June	Middle School Hoop Time (Basketball)
9 June	District Winter Sport Day 2: Senior School
15 June	Celebration of Learning Assembly 9.00am: Senior School 2.30pm: Prep
19 June	Celebration of Learning Assembly 9.00am: Middle School 2.30pm: Junior School
16 – 18 June	IB Evaluation Visit: Parents will be asked to come and talk about the school and their IB experience
23 and 25 June	Parent Teacher Interviews (Afterschool)

From the Wellbeing Leader's Desk

What a wonderful start we've had to the school year! There is already a great buzz of learning and connection across the school. Our Preps have officially begun full-time this week and are settling in beautifully. District sports have kicked off with swimming, our energetic *Lap It Up* club and *Move and Groove* mornings are up and running, and a range of lunchtime clubs are giving students plenty of opportunities to explore their interests. We've also enjoyed exciting incursions and excursions, topped off this week with our vibrant Chinese New Year assembly. It's been a busy and joyful start, with so many opportunities for students to feel connected, confident and engaged. With so much happening each day, it can sometimes be tricky to move beyond the classic "How was school?" (with the equally classic response of "Good!"). One of the most powerful ways we can support children's wellbeing is by creating simple, regular opportunities to talk. Whether it's around the dinner table, during a car ride to sport, or while walking the dog, these small moments of connection help children feel heard, valued and understood. When families—parents, carers, grandparents and siblings—show genuine curiosity about school life, it strengthens relationships and builds emotional resilience.

If you're looking to spark more meaningful conversations, here are some gentle, open-ended starters you might like to try:

- What was the best part of your day today?
- What made you smile or laugh?
- Did anything challenge you today? How did you handle it?
- Who did you spend time with at recess or lunch?
- What's something new you learned?
- What are you most looking forward to this week?
- Was there a moment when you felt proud of yourself?
- Did you help someone today, or did someone help you?
- What lunchtime club or activity are you enjoying the most?
- If you could relive one part of today, what would it be?
- What's something you're getting better at this term?
- What's one goal you have for this week?



For grandparents or extended family members:

- What's your favourite subject at the moment and why?
- Can you teach me something you learned this week?
- What's different about your school compared to when I was young?
- Who is someone in your class that makes school more fun?

These conversations don't need to be long or formal—often the magic is in the small, consistent moments of listening. By showing interest and asking thoughtful questions, we help children reflect on their experiences, celebrate successes, and navigate challenges with confidence.

We look forward to continuing this positive start to the year and working together to support every child's wellbeing and growth.

Prue Cunningham
Wellbeing Leader



OFFICE NEWS

REMINDER: Tomorrow, March 6 is a STUDENT FREE DAY!

Compass - It is essential that you access your Compass regularly to keep up to date and informed about upcoming events for your child along with newsletters and relevant news.

Emergency Contacts - If your child needs to be collected by someone other than yourself or your listed emergency contacts, please send an email to the office with the person's name and details, as per department guidelines.

Personal Property - Students should be discouraged from bringing any unnecessary or particularly valuable items to school as the Department of Education and Early Childhood Development does not hold insurance for personal property brought to school and it has no capacity to pay for any loss or damage to such property. Personal property includes such items as mobile phones, calculators, toys, sporting equipment and cars parked on school premises. All student mobile phones are to be handed into the office for safekeeping during the day.

Working with Children Card - Parent/Grandparent/Carer helpers are reminded that a valid WWC is required before volunteering at HPPS for all events, including incursions, excursions and camps.

Volunteer Working with Children Cards are free. See link below to apply.

<https://service.vic.gov.au/services/working-with-children>

CSEF – Camp, Sports and Excursion Fund - Application Forms were posted online earlier this week. Hard copies are available to pick up from the office. Applications must include a copy of your current Health Care Card/Pension Card. To be eligible for the CSEF payment you must meet the criteria included in the form.

SSB – A reminder that this once a one-off payment in 2025 but remaining balances may still be used for upcoming events. Please contact alison.munyard@education.vic.gov.au if you'd like to do this or check your balance.

Second Hand Uniform Shop - The Second-Hand Uniform Shop will be open every second Wednesday and Friday afternoon from 3.15 to 3.45pm for Term 1.

Friday 6 Feb

Wednesday 11 Feb

Friday 20 Feb

Wednesday 25 Feb

Friday 6 March (Closed – Curriculum Day)

Wednesday 11 March

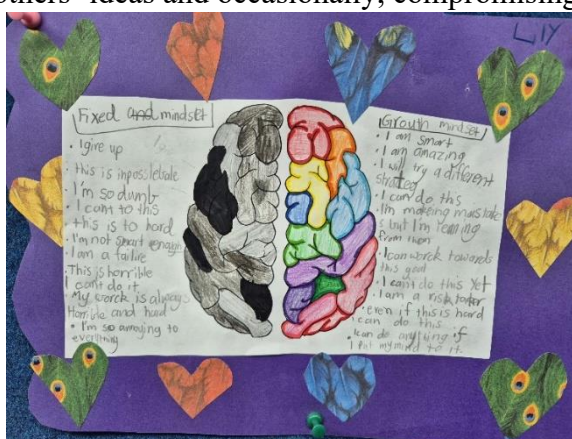
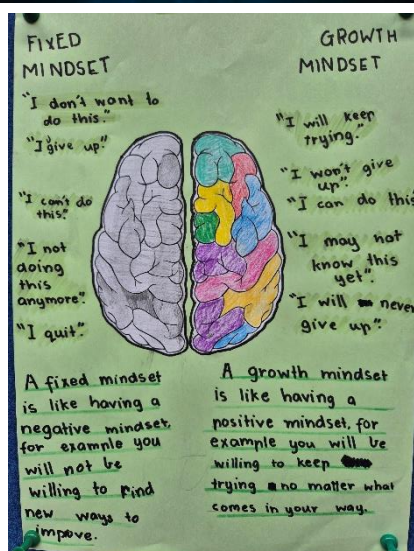
Friday 20 March

Wednesday 25 March



As part of our first Unit of Inquiry, 'Who We Are', students have been learning about how our mindset and interactions with others can impact our learning. They learned the difference between a growth and a fixed mindset, and how the perspective we take when we approach any task effects our daily lives.

To practice their collaboration skills, students worked in groups to build a tower that can hold a heavy book. They learned that cooperation and communication is vital, and that successful collaboration requires active listening, people who share their ideas, celebrating others' ideas and occasionally, compromising.



Each class has been getting to know their new buddies for 2026. Students in 1LB and 3OA listened to the story 'Martha Doesn't Say Sorry' and wrote and drew pictures about what it means to be a reflective learner based on the choices they make. 4SC and 2EM also came together to clean up the school for Clean Up Australia Day!

Buddies



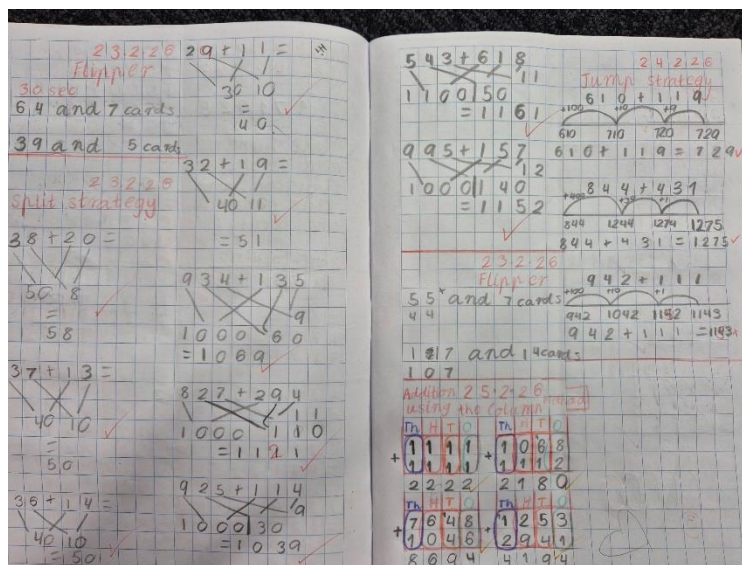
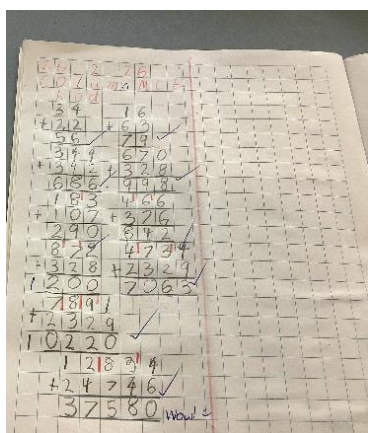
MATHEMATICS



In Maths, students have been learning about place value past the hundreds into the thousands and beyond. They have been using hands-on materials and digital base ten blocks, playing place value games, renaming, rounding, placing numbers on number lines and relating place value to real-life experiences. Place value helps students make sense of numbers and how they relate to each

other. For example, in the number 346, the '3' represents 300 (hundreds place), the '4' represents 40 (tens place), and the '6' represents 6 (one's place). Furthermore, students have been looking at different strategies to solve addition and subtraction problems. They have explored split, jump, compensation and column method strategies. Students learnt the importance of setting out their work neatly.

Year 3 students have also been preparing for NAPLAN, learning strategies to confidently approach and answer multiple-choice questions, including how to carefully read each option and eliminate incorrect answers.

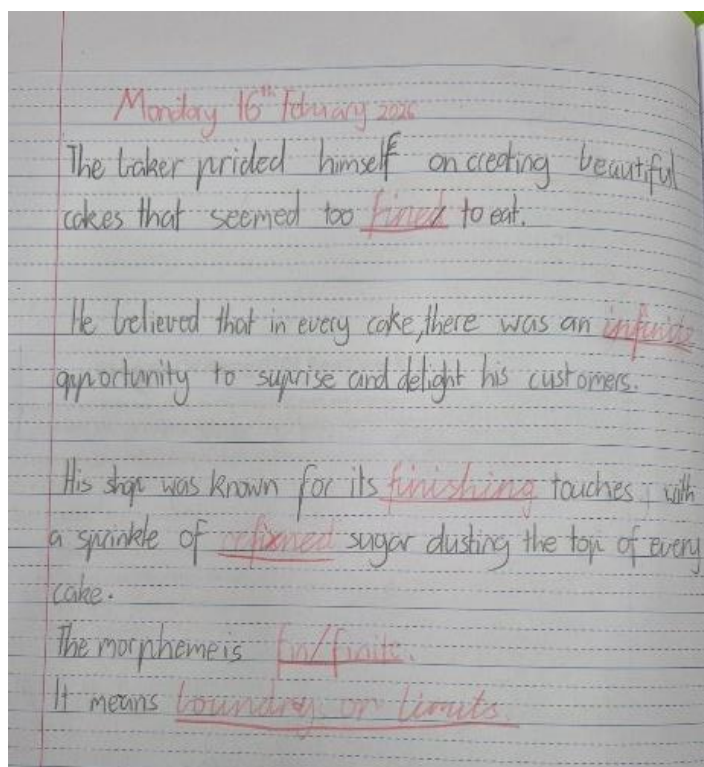
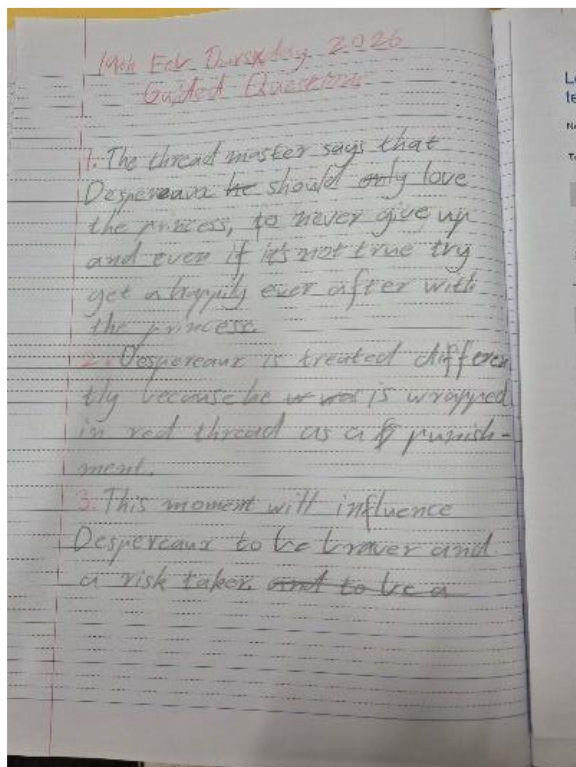


A colorful graphic featuring the word "Literacy" in a large, stylized, multi-colored font. Above the text are icons of a star, a book, a lightbulb, and a pencil, surrounded by small dots and confetti.

In Year 3, students delved into the novel *Brindabella* by Ursula Dubosarsky. The novel study explores images of the Australian landscape, helping students understand the setting and themes. Through discussions and activities, students have been making connections between the story and the natural world. This encourages deeper thinking about the novel's messages and images.

Year 3 students have also been actively preparing for NAPLAN over the past few weeks. As part of their writing preparation, they have been crafting both narrative and persuasive texts under timed conditions to help build their confidence, stamina, and ability to plan and structure their ideas effectively. Students have also completed a practice Language Conventions assessment, focusing on spelling, grammar, and punctuation.

In Year 4, the Middle School students have been exploring morphemes — the smallest parts of a word that carry meaning (for example, happy). They have been learning how adding different prefixes and suffixes can change the meaning of a word. They have also been studying The Tale of Despereaux, exploring symbolism, expanding their vocabulary, and examining how characters' actions lead to consequences. Students have been using quotes and other evidence from the text to strengthen their persuasive writing. We are very proud of the effort students are putting into their preparation and the positive attitude they are showing.



Newsletter

OSHClub

OSHClub Updates

SCIENCE EXPLORATION AT OSHC

Over the last week, we have had a real science focus at OSHC! With the exciting event of the Lunar Eclipse, we had lots of discussions about why this happens, why it is so rare, and what it will look like. The children were a bit disappointed that Melbourne did not pull through with the weather, leaving the sky so cloudy that it was not visible, but it has sparked a real interest in the Moon cycles & space! We will be looking more in depth over the next few weeks.

PREPS AT OSHCLUB

We are so happy to have welcomed so many new Preps to OSHClub. We currently have more than 60% of Heany Park Preps registered and attending OSHClub, and they are loving it. It's a great opportunity to make new friends, try new activities, and learn lots of exciting things.

SOUND SAFARI

We have really enjoyed Play Your Way over the last four weeks, and are now looking towards starting Sound Safari! This is another four week program, Beat Builders, Melody Makers, Global Grooves, and Big Stage Play! This will be sure to be a very musical few weeks, exploring different areas of music and sound!



Coming Up

6th March

Pupil Free Day
7.00am-6.00pm

9th March

Labour Day Public Holiday
OSHClub closed today

20th March

International Day of
Happiness

Special Announcements

APRIL SCHOOL HOLIDAYS

Our April School Holidays are rapidly approaching! This 9 day program will feature **3 excursions, 2 special events (incursions), and 3 make & takes**. We anticipate that bookings will fill up quickly, so for more information, head to <https://www.oshclub.com.au/find-us/heany-park-primary-school/> and scroll down. **Programs will be available in service over the coming weeks.** Bookings can be made for the remainder of the year on Kidsoft!

oshclub.com.au
1300 395 735

knox



Knox Community Arts Centre

2026 School Holiday Featured Shows

The Box Show WED 8 April, 11am and 2pm

The Box Show follows four characters through their daily activities in a world made of cardboard boxes and junk. Abandoned kitchen items and wheelie bins become a drum set; plastic bags turn into musical instruments, and the human body becomes a sound machine. This music-in-education performance combines drumming, dance, theatre and comedy to explore creativity and sustainability. Using a language of gibberish and rhythm, the show is accessible to all ages and nationalities.

This project has been assisted by the Australian Government through Creative Australia, its principal arts investment and advisory body.



Spike the Echidna FRI 3 July, 11am and 2 pm

Spike the Echidna tells the story of a baby echidna who is stolen from his nest and hatches far from home. A young girl, who is playing alone because she is being bullied, finds him and goes on a journey trying to work out where he belongs. As the story unfolds, the girl learns to find her own "spikes" and stand up for herself. Told through shadow theatre, *Spike* is an interactive and engaging experience that encourages discussion about difference, belonging, and the unique biology of Australian animals.



Mission to the Moon THU 1 October, 11am and 2pm

Mission to the Moon follows a journey with three acrobatic astronauts, blending circus artistry, clowning, and real space science. Inspired by NASA's upcoming Artemis program, this show imagines jugglers defying gravity and tumbling among the stars! With a mix of classic circus skills, laughter, and exciting space facts, *Mission to the Moon* offers an imaginative take on our fascination with space. "Delivered with finesse, flair and, most importantly a sense of joy... A GREAT circus show adults will love that just happens to be appropriate for children." – Adelaide Advertiser



Adult \$22

Concession \$20

Family (4 people) \$68



Privacy Collection Notice

Information for students, parents and carers

The Department of Education and Training (the Department) values your privacy and is committed to protecting the personal and health information that schools collect.

All school staff must comply with Victorian privacy law and the [Schools' Privacy Policy](#). This notice explains how the Department, including Victorian government schools (schools), handles personal and health information. On occasion, specific consent will be sought for the collection and use of information, for example, for a student to receive a health service. Our schools are also required by legislation, such as the *Education and Training Reform Act 2006*, to collect some of this information.

Throughout this notice, 'staff' includes principals, teachers, student support service officers, youth workers, social workers, nurses and any other allied health practitioners, and all other employees, contractors, volunteers and service providers of the school and the Department.

On enrolment, and during the ordinary course of a student's attendance at a school, schools will collect information about students and their families for the following purposes:

- educating students
- supporting students' social and emotional wellbeing, and health
- fulfilling legal obligations, including duty of care, anti-discrimination law and occupational health and safety law
- communicating and engaging with parents
- student administration
- school management
- supporting policy in relation to student education and wellbeing.

If this information is not collected, schools may be unable to provide optimal education or support to students or fulfil legal obligations.

For example, our schools rely on parents to provide **health information** about any medical condition or disability that their child has, medication their child may take while at school, any known allergies and contact details of their child's doctor. If parents do not provide all relevant health information, this may put their child's health at risk.

Our schools also require current, relevant information about all **parents and carers** so that schools can take account of safety concerns that affect their children. Parents should provide schools with copies of all current parenting plans and court orders about or that affect their children and provide updated copies when they change.

When parents enrol their child in primary school, they will be asked to provide personal and health information in several ways, including via the Enrolment Form, the [School Entrance Health Questionnaire](#) (SEHQ) and the [Early Childhood Intervention Service](#) (ECIS) Transition Form.

The **Enrolment Form** is used to collect information that is essential for the purposes listed above, and requests information such as:

- **Emergency contacts** – Individuals parents nominate for a school to contact during an emergency. Parents should ensure that their nominated emergency contact agrees to their contact details being provided to the school and that they understand their details may be disclosed by the Department if lawful, e.g. in the case of emergency communications relating to bush fires or floods.
- **Student background information** – Information about country of birth, Aboriginal or Torres Strait Islander origin, language spoken at home and parent occupation.

- This information enables the Department to allocate appropriate resources to schools. The Department also uses this information to plan for future educational needs in Victoria and shares some information with the Commonwealth government to monitor, plan and allocate resources.
- **Immunisation status** – This assists schools to manage health risks and legal obligations. The Department may also provide this information to the Department of Health and Department of Families, Fairness and Housing to assess immunisation rates in Victoria, but not in a way which identifies students.
- **Visa status** – This is required to process a student's enrolment.

All schools may use departmental systems and online tools such as apps and other software to effectively collect and manage information about students and families for the purposes listed above.

When schools use these online tools, they take steps to ensure that student information is secure. If parents or carers have any concerns about the use of these online tools, please contact the school.

School staff will only share student and family information with other school staff who need to know to enable them to educate or support the student as described above. Information will only be shared outside the school (and outside the Department) as required or authorised by law, including where sharing is required to meet duty of care, anti-discrimination, occupational health and safety, and child wellbeing and safety obligations. The information collected will not be disclosed beyond the school and Department without parent consent unless such disclosure is lawful.

When a student transfers to another school (including Catholic, independent and interstate), personal and/or health information about that student may be transferred to the next school. Transferring this information is in the best interests of the student and assists the next school to provide the best possible education and support to the student. For further detail about how and what level of information is provided to the next school, refer to the: [Enrolment: Student transfers between schools](#)

Schools only provide school reports and ordinary school communications to students, parents, carers or others who have a legal right to that information. Requests for access to other student information or by others must be made by lodging a [Freedom of Information](#) (FOI) application.

To update student or family information, parents should contact their school.

For more information about how schools and the Department collect and manage personal and health information, or how to access personal and health information held by a school about you or your child, refer to the: [Schools' Privacy Policy](#)

LINEN ROSTER 2026

Term 1 Feb 6 Feb 13 Feb 20 Feb 27 March 6 March 13 March 20 March 27 April 2	Narelle Weiland Fiona Reid Kathryn Skinner Kristen Bayri Alycia Bruce Nicole Bathols Kylie Russell Marcy Iaquinto Renee Castelluccio	Term 2 April 24 May 1 May 8 May 15 May 22 May 29 June 5 June 12 June 19 June 26	Lisa Steinmetz Narelle Weiland Fiona Reid Kathryn Skinner Kristen Bayri Alycia Bruce Nicole Bathols Kylie Russell Marcy Iaquinto Renee Castelluccio
Term 3 July 17 July 24 July 31 August 7 August 14 August 21 August 28 September 4 September 11 September 18	Lisa Steinmetz Narelle Weiland Fiona Reid Kathryn Skinner Kristen Bayri Alycia Bruce Nicole Bathols Kylie Russell Marcy Iaquinto Renee Castelluccio	Term 4 October 9 October 16 October 23 October 30 November 6 November 13 November 20 November 27 December 4 December 11 December 18	Lisa Steinmetz Renee Castelluccio Fiona Reid Kathryn Skinner Kristen Bayri Alycia Bruce Nicole Bathols Kylie Russell Fiona Reid Narelle Weiland Marcy Iaquinto

Thank you to everyone for volunteering
to keep our First Aid bedding fresh and clean.
We truly appreciate your help





PRIMARY SCHOOL

2026 CANTEEN MENU**HEANY PARK PRIMARY
CANTEEN MENU**

OPEN TUESDAY AND THURSDAY

Ordering is available on-line through QKR

HEARTY HOT FOOD

Lasagne 97% fat free	\$6.55	@@@
Macaroni Cheese 97% fat free	\$6.55	@@@
Vegetarian Fried Rice 97% fat free	\$6.55	@@@HV
Dim Sims Steamed	\$1.50	@@@
Chicken crumbed tender	\$2.80	@@GF
Hot Dog	\$4.60	@@
Beef Cheese Burger with Lettuce & Sauce	\$6.50	@@@H
Chicken & Cheese Burger with Lettuce & Mayo	\$6.50	@@@H
Gluten Free Hot Dog (no roll)	\$3.10	@@GF
Chicken Breast Nugget - Bag of 3	\$3.70	@@H
Chicken Breast Nugget - Bag of 6	\$6.20	@@H
Lite n Up Beef Pie	\$6.30	@@H
Lite N Up Sausage Roll	\$5.50	@@H
Lite N Up Snack Party Pie	\$1.65	@@H

All pies heart foundation approved, low GI, reduced fat

TASTY JAFFLES

Baked Bean and Cheese	\$4.50	@@@V
Spaghetti	\$4.00	@@@V
Cheese	\$4.00	@@@V
Ham and Cheese	\$5.00	@@@

You can now order lunch on-line through QKR
Download the App at the App Store or Google Play

Preferred Payment Method

**SPECIAL SNACKS**

Popcorn Butter	\$2.10	@@GF
Piranha Snaps - Light & Tangy Salsa	\$2.10	@@GFH
Chips Honey/Soy or Salt Vinegar	\$2.00	@@
Homestyle Cookies	\$3.00	@@
Gingerbread	\$2.50	@@
Ovalteenies	\$1.50	@@
Homemade Mini Muffin	\$1.20	@@
Veggie Cup with Dip	\$2.30	@@@GF
Fruit Salad Cup	\$2.30	@@@GF
Red Licorice (3 pack)	\$1.00	@@
Yoghurt Fruit Frogs (10 pack)	\$2.00	@@
Sun Fruits	\$1.40	@@

SUPER SANDWICHES AND SALADS

Sandwich

Vegemite	\$2.50	@@@V
Cheese	\$2.60	@@@V
Ham (97% fat free)	\$3.50	@@
Ham (97% fat free) and Salad	\$5.00	@@
Ham & Cheese	\$4.50	@@
Roast Chicken	\$3.50	@@@
Roast Chicken & Salad	\$5.00	@@@
Fresh Salad (lettuce, cucumber, tomato, carrot)	\$4.50	@@@V
Egg & Lettuce	\$4.00	@@@V
Rolls or Wraps extra	\$0.80	

All sandwiches on wholemeal bread

White bread available on request

FRESH MADE SALAD BOXES

Mixed Salad (lettuce, cucumber, tomato, cheese, carrot)	\$5.00 Reg	@@@GF
Add Chicken or Ham	\$1.50	
Add Egg	\$1.50	

EXTRAS

Salad Dressing Tub	\$0.50	@@
Tomato Sauce	\$0.50	@@
LUNCH BAGS	\$0.30	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

DRINKS

600ml Water	\$3.15	@@@GF
250ml Milk (Reduced Fat) Chocolate, Strawberry	\$3.50	@@@GF
100% Fruit Juice 250ml	\$3.40	@@@GF
Apple or Apple & Blackcurrant		
Chill J Sparkling 100% Fruit Drink	\$3.00	@@GF
Grape, Blueberry, Raspberry, Lemonade		

FROZEN TREATS

Icy Pole	\$1.60	@@
Frozen Pineapple and Watermelon	\$0.80	@@@GF
Twisted Frozen Yoghurt Choc/Van, Mango/W/Melon or Strawberry	\$3.25	@@@GF
Supa Pop Chocolate Ice Cream	\$2.20	@@@GF

@@@ Every Day Foods
@@ Select Carefully foods
V Denotes Vegetarian
GF Denotes Gluten Free.

PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG



Prices subject to change

Effective JANUARY 2026

IF YOUR CHILD HAS ANY FOOD ALLERGIES PLEASE SELECT ON QKR!



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STAGE ACT LEFT performing arts school SING DANCE

**ENROLMENTS
NOW OPEN**



- Weekly Term Classes Act, Sing & Dance
- Holiday Theatre Workshops
- Private Singing Lessons
- Ages 4-16
- Venues: East Malvern, Rowville, Hampton, Glen Iris & Camberwell

ph: 1300 369 443

www.stageleft.com.au

PERFORM BETTER IN LIFE, NOT JUST ON THE STAGE



LIONS CLUB OF WHEELERS HILL INC.

LIONS CLUB BOOK SALE

* **Saturday, 14 March 2026**
9 am ~ 4 pm

* **Sunday, 15 March 2026**
9 am ~ 2.00 pm

* 12,000 books; Fiction sorted by Author A to Z; 25 Non-fiction Categories

* **At Caribbean Park Kiosk**
1280 Ferntree Gully Road, Scoresby



Proudly Sponsored by BarryPlant

SCHOOL OPEN NIGHT & INFORMATION NIGHTS

School Open Night

Western Campus
Wednesday 25 March
6.30pm

Maths & Science Academy Information Night

Western Campus
Monday 27 April
7pm

Institute of the Arts Information Night

PAC, East Campus
Tuesday 31 March
7pm

Sports Academy Information Night

PAC, East Campus
Monday 4 May
5pm & 7.15pm



Book your spot here
ROWVILLESC.VIC.EDU.AU
or QR Code



facebook.com/RowvilleSC

@rowvilleSC

MINI HOOPS

FRIDAY AFTERNOONS

TIME: 4.15-5.15PM

8X 1Hour Sessions



CONTACT

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alex.palazzolo@education.vic.gov.au

ROWVILLE SPORTS ACADEMY PRECINCT

9 HUMPHREYS WAY, ROWVILLE





GOOD CLEAN FUN

ALL GIRLS GROUPS AVAILABLE

PLAY.AFL/AUSKICK

Rowville Knights Community FC Auskick Centre

Friday 1st May
5:00pm-6:00pm
Liberty Reserve



Saturday 2nd May
9:00am - 10:30am
Liberty Reserve

AFL PLAY

OPEN DAY

Join our Melbourne Eastern Ranges community for a day of sports and fun!


Special Olympics Australia
Melbourne Eastern Ranges

MARCH 7, 2026
10am - 2pm

Rowville Community Centre,
40 Fulham Road Rowville

- Games & Sports
- Market stalls
- Food & Drink

CURRENT & FUTURE MEMBERS WELCOME

FREE ENTRY | RAFFLE & PRIZES TO BE WON!

Scan to register



 [Special Olympics - Melbourne Eastern Ranges](https://www.facebook.com/SpecialOlympics-Melbourne-Eastern-Ranges)

 <https://www.specialolympics.com.au>

