

# THE THRIVE APPROACH

Heany Park implements a very effective wellbeing program, The Thrive Approach. It is a developmental approach designed to meet the social and emotional developmental needs of all children and young people. This program is UK based and currently supports over 300,000 children in the United Kingdom.

## Thrive Licensed Practitioners



Fundamental to the implementation of the Thrive Approach is the role of the Thrive Licensed Practitioner. I am extremely excited to tell you that I have been in this role since the inception of this approach at Heany Park in 2020. My training was overseen by Viv Trask-Hall (Thrive's Head of Innovation in Education and Principal Trainer, UK based) and Elessa Impey (New Zealand based Thrive Trainer) who both travelled to Australia to conduct the face to face teaching. I also have 30 years experience in the Childcare and Education sector.

I am Rachel Wheeler, a newly qualified Licensed Practitioner in July 2022. I am a qualified teacher and am following my passion moving into this wellbeing role at Heany Park PS. Sue and I are working together to provide extra support for our students' wellbeing.



The role of the Thrive Licensed Practitioner is to:-

- Work in a direct way with colleagues and parents, to identify the social and emotional developmental needs of all of the children at Heany Park Primary School.
- Observe children's behaviour and determine what that behaviour communicates about the child's emotional and social development.
- Screen children's current emotional and social skills and know how that relates to their readiness and ability to engage with learning.
- Build a relationship with the child and be conscious of how to use that relationship to enhance their wellbeing.
- Be able to select differentiated strategies to address specific interrupted development.
- Work on a one-to-one basis or with small groups of children regularly.
- Support teachers to develop class action plans to incorporate Thrive activities into weekly work program

When we are working with the children we will be using the arts, creativity and play based activities to develop healthy connections between the right and left hemispheres of the brain and to support language and cognitive development. These activities will also target identified children's development interruptions to strengthen the child's stress regulation system, which will give them the ability to cope with challenging situations throughout life. Before we commence working with individual children parental permission will be sought.

We look forward to working with the children and families on our continuing journey with the Thrive Approach at Heany Park.

***Sue Houghten and Rachel Wheeler***  
**Thrive Licensed Practitioners**



### PLEASE NOTE:

At Heany Park Primary School we use Thrive-Online (a web-based tool) for profiling, action-planning and progress monitoring, enabling best outcomes for each child or class group. The results help us to plan our social and emotional curriculum and adapt our approach to build social and emotional wellbeing and positive behaviours. Student's first, name, last name, date of birth and class and the class teacher's responses to a set of questions is data stored online in United Kingdom and Ireland. If you do not wish your child to be included in this data please advise a member of the Principal Team 9764 5533 or email [heany.park.ps@education.vic.gov.au](mailto:heany.park.ps@education.vic.gov.au)